

The Beeches Community  
Services Centre  
NHSC  
CMHTOP  
76 Avondale Drive  
Ballyclare  
BT39 9EB

16<sup>th</sup> January 2016

Dear Mr Dalton

On the 14<sup>th</sup> January you spent a period of time discussing your current university project with myself. This project was described as a “sensory experience” which revolved around a post war soldier who experiences visual and auditory flashbacks as a result of Post-Traumatic Stress Disorder.

During this conversation I felt that you had approached and discussed PTSD in a sympathetic and professional manner. You expressed great enthusiasm to ensure the portrayal of the character and this disorder was not only accurate and realistic but empathetic. Throughout our conversation you remained sincere and sensitive in discussing a serious and life changing mental health illness. You expressed a good understanding of PTSD and recognised the importance of expressing the realism of this illness while maintaining compassion and empathy. I am confident this project will reflect your hard work, skills and capability.

Yours sincerely  
Jennifer Cairns  
Community Psychiatric Nurse

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**Tel: 028 9442 4322**